



South Huron District High School

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Jana Bayer-Smith
Principal

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Vice-Principal

The summer has flown by and students, parents, and staff have all started thinking about going back to school. Everyone at South Huron is excited to see you back on September 4. Before school starts, we wanted to let you know about some important information. The information below can also be found on our school website at www.shdhs.ca.

- An Open House for new students is happening on August 30 at 10 a.m.



Thursday, August 30

10:00 am to Noon @ SHDHS

**Students entering grades 7 or 9,
international students & those new to the
Panther Family can:**

- Pick up revised timetables
- Find their classrooms
- Put locks on their lockers
- Pay student fees
- Buy gym shirts
- Get tours
- Meet other students
- Enjoy a BBQ



- Grade 11 and 12 students will be able to pick their own locker from any open and available locker on the 1st floor and even come into the school on August 30 (this is the only day the school is open for this opportunity) to put a lock on their locker. You will inform your 1st period teacher of your locker number during the first week of school. Grade 9 and 10 students will be assigned lockers as usual.

- The late bus program will be running again this year and starts the second week of September.
- Avon Maitland DSB schools are committed to supporting students with medical conditions such as asthma, anaphylaxis, diabetes, and epilepsy, etc. to fully access school in a safe, accepting, and healthy learning environment. As these conditions have the potential to result in a life-threatening medical emergency, we need you to be active participants in supporting your child's medical condition at school. As the new school year begins, please inform us about your child's medical/health condition and help us create, review and/or update their Individual Medical Management Plan of Care. A phone call and mailed letter for students with life-threatening conditions will be made/sent to each family that has provided information to the school in the past. If you did not receive this phone call or letter, and your child has a medical condition that the school needs to be aware of, please call our school office to book an appointment to create a Plan of Care.
- The Math Department will be selling scientific calculators for \$14 at the New Student Orientation on Thursday to try to help ensure students are prepared.
- The Terry Fox Run is on Thursday, September 27th. The selling of Terry Fox t-shirts will open up to the student body during the first two weeks of school.
- Field hockey tryouts start the first day of school from 3:00 - 4:30. Tryouts are Tuesday-Friday. Anyone is welcome to come tryout. Sticks will be provided but people trying out need cleats, shin guards and a mouth guard. If anyone is having any issues with that, they should see Mr. Chisholm.
- Picture Day is Friday, September 7.
- Student Fees this year are \$30. A phys. ed. t-shirt is \$20. These can be paid using our online school payment system (more details below).
- A school wide Open House will be held on September 19 from 5:00 - 7:00 pm with a guest speaker at 7 pm in our large gym. More details are below:

September 19th is not only our open house but we will also be hosting Mindful Mike. He will be presenting to parents at 7:00 pm in the large gym. Mike offers a workshop for any parent on dealing with the highs and lows of parenting. Mike discusses the natural frustration, worries, stress and fear that comes with parenting children of all ages. During the workshop parents will explore the importance of self care and "how to" apply mindfulness while parenting. The results of these techniques allow parents to work with stress in a healthier way, as well as the ability to be more present with their children.

Mindful Mike is going to be doing work with our students and staff in the 2018-19 school year and we are excited to have him.

Check him out here: <http://mindfulmike.ca/classes/>

The Open House and BBQ will run from 5:00 - 7:00 pm and then Mindful Mike will work with parents from 7:00 - 8:30 pm. Babysitting will be provided if required. We are hoping for a great turn out, so save the date and plan to attend!

- Families can buy student accident insurance via the school Kids Plus™ Accident Insurance program. More information can be found below.

Kids Plus™ Accident Insurance

Our school board is offering you the opportunity to voluntarily purchase student accident insurance through the Kids Plus™ Accident Insurance program, underwritten by Industrial Alliance Insurance and Financial Services Inc. (iA Financial Group).

Kids Plus™ Accident Insurance provides protection against unexpected costs arising from accidental injuries. The program is especially valuable for families who:

- do not have medical or dental plans,
- have limited plans, as it may help supplement health and dental benefits, or
- have active children who enjoy sports and outdoor activities.

Kids Plus™ Accident Insurance has a selection of plans to suit most budgets. Benefits include coverage for:

- The full school year (September to September), 24 hours a day, while at home and in school;
- Expenses that are often limited or not covered by private or group insurance plans, or Provincial Health Insurance Plans, such as ambulance, physiotherapy, private tutoring, counselling, and much more;
- Injury-related dental treatment (including future dental treatment up to age 26);
- Out-of-province or country emergency medical expenses.

If your address changes during the school year, your Kids Plus™ Accident Insurance plan is transferable from school to school, anywhere in Canada.

Insurance premiums for children are \$14.50 or \$33.50 per year, depending on the plan selected. A discount is available for families with 3 or more children. Adults age 20 to 64 can also be insured for \$32.00 per year.

For more information or to apply online, please visit kidsplus.ca, or speak with a Kids Plus™ Client Service Administrator at **1-800-556-7411**.



iA Financial Group is a business name and trademark of Industrial Alliance Insurance and Financial Services Inc

- SchoolCashOnline is an easy way to pay for school related expenses. Sign up today by selecting the image on the next page to take you to the payment website.



1.

Create Your Profile

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click [Get Started Today](#)

2.

Confirm Your Email

Check your inbox for an
email confirmation link

3.

Add A Student

Fill in the required
fields for each child

We hope everyone has a great start back to school and we look forward to another great year together. Please do not hesitate to contact the school if you require further information or would like to setup a meeting to discuss any questions or concerns with your student's return to school.

Administration at SHDHS

Jana Bayer-Smith - Principal

Ed Havenga - Vice-Principal